



# Foreword

**SIMONE GABBAY HAS** done it again! Following on the heels of her outstanding book *Nourishing the Body Temple* (1999, A.R.E. Press), *Visionary Medicine: Real Hope for Total Healing* correlates the health information made available to us by the Edgar Cayce readings with modern scientific data as does no other book in existence today. Ms. Gabbay's style of writing makes "easy reading" out of information generally thought to be beyond the scope of the lay reader, demonstrating her thorough knowledge of the subject. This was made evident to me by the mere fact that I could not put the book down once I began reading it! The late Gina Cerminara, Ph.D., author of several books on Cayce, said it most succinctly: "The secret of good writing is to be understood," to which I would like to add "with no chance of being misunderstood." Ms. Gabbay's writing is a perfect example of that principle in action.

More than just an array of Cayce readings and documented scientific findings, this book sheds light on some of mankind's most dreaded diseases, suggesting approaches that have not even been considered in

the past. In its accuracy and thoroughness it offers hope where, heretofore, there was none. Perhaps most important of all, it reinforces the movement toward the amalgamation of holistic healing and modern medicine. It informs the scientific community, as well as suffering humanity, that when all else fails, don't despair, there just may be another way. Only a closed mind would not be moved by the vast wealth of information this book offers with reference points all along the way.

*Visionary Medicine: Real Hope for Total Healing* carries us through ancient as well as modern concepts of healing, riding high on the crest of a wave into the future. It reviews where we were, reveals where we are, and projects where we are going. It is not a book to be put on a book shelf and forgotten. It is to be placed on your night stand, on your kitchen counter, or on the coffee table in your living room, for immediate and constant accessibility. It is a compilation of health material for the lay person as well as for physicians and health practitioners of every kind that promises to be a guiding light on the subject of healing now and for many years to come.

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